



## Netball WA

# Uniform Position Statement

This Position Statement is to provide clarity for Member Associations on Netball WA's recommendations on providing inclusive uniform policies. Netball WA (NWA) acknowledge that this is not an exhaustive position statement, and that Associations may have further additions to their policies. NWA is an inclusive organisation that permits players and match officials the opportunity to select a uniform in which they feel comfortable.

NWA holds the following positions on player and match official uniforms:

1. Gender identity should not determine uniform.
2. Suitable, enclosed sports footwear must be worn at all times.
3. Uniforms may consist of:
  - Dress, skirt, skorts or shorts (preferably pocket free) & club polo, t-shirt or playing singlet (refer to [Appendix A](#)).
  - Head coverings such as a Hijab (refer to [Appendix B](#)) for further information.
  - Long sleeve top and/or long leggings.
  - Match official uniforms should differentiate the official from the team's playing uniform and identify them as match officials. The Rules of Netball do not mandate that the uniform must be white.
4. Clubs should be permitted to offer uniform options within their registered uniform to their players and match officials. If a club provides uniform options for their members, all uniform options should result in players in the same team being easily recognised as being in the same team/club, i.e., if some players choose to wear shorts/top combination and others a dress they should still be easily recognisable as the same team/club with the colours and design.
5. If a club has any players or match officials requesting to wear shorts or other items of clothing that do not form part of their club's approved registered uniform options, the club will need to submit a design and colour to the Association, for approval. The apparel will need to match the approved club design and colours to the approved registered uniform.
6. Players and match officials may wear sports briefs, boy legs, bike shorts or leggings under playing dress/skirt in black or the approved Club uniform colour.

7. Players and match officials may not wear anything that could endanger themselves or other players such as pockets, zippers, hoods or large hair clips. Players and match officials should ensure that when fastening items of clothing that the fasteners are not a danger to themselves or others.
8. Soft brimmed sun protection visors may be worn. Hard brimmed sun visors are not permitted on court. The Association has the discretion to decide when a visor brim is too hard to be allowed on court.
9. No adornment or jewellery may be worn other than a wedding ring, medical alert bracelet/necklace, which shall be covered with tape in accordance with the *World Netball "Rules of Netball" 2024 edition* Rule 3 point 12.
10. Fingernails must be short and smooth in accordance with the *World Netball "Rules of Netball" 2024 edition* Rule 3 point 12.
11. As per the *World Netball "Rules of Netball" 2024 edition* Rule 3 point 12 medical devices may be worn provided they are securely covered with tape and/or padding. Diabetes WA recommends Association allow players and match officials to wear Continuous Glucose Monitoring (CGM) devices, if the CGM device is covered or taped.
  - a. It is the responsibility of the person wearing the device to ensure it does not pose a risk to any other person on court.
  - b. For more information on CGMs, please see [Appendix C](#).
12. Players and match officials may wear an impact garment, such as the Zena Impact Protection Garment, underneath their uniform. Where possible, the impact garment should not show underneath the playing uniform.
13. Players and match officials may wear close fitting sports gloves but must still have short and smooth fingernails as per point 10.
14. Before the start of a game, match officials must approve any nail tape or sporting gloves being worn (if allowed within the Associations competition rules).
15. As per the *World Netball "Rules of Netball" 2024 edition* rule 3, point 9 match officials have the right to stand off a player out of uniform, unless addressed in their Association competition rules or uniform policy.
16. Clubs that register as a "school" Club and play at an Association competition may wear their school PE uniform (regardless of whether another Club that plays at the same Association has the same colours). In this event both clubs will require a set of clash bibs.
17. Clubs changing to a new approved uniform are allowed one season to do so. During this period, a club making a change over to a new approved uniform is permitted to have teams with players wearing either the old or new uniform provided the uniforms are of similar appearance and the players are easily recognised as being in the same team/club.
18. During finals, each team must take the court in their registered approved club uniform unless the team/club applied for an exemption which was approved by the Association.

19. Associations should wherever possible make exceptions for other items of clothing that are worn for religious, cultural, medical or other inclusive reasons. Notification should be made in writing before the player or match official takes the court stating the reason for the non-standard uniform. Where circumstances exist, such as religious, cultural, medical or other inclusive reasons, an annual written application should be submitted for approval by the uniform coordinator/committee of the Club for Association approval.

### Support Documents

[World Netball "Rules of Netball" 2024 edition](#)

### Appendix A: Player and Match Official Uniforms Examples

#### Shorts and Tops Playing Uniform



#### Match Official Uniforms



## Appendix B: Netball Multicultural Female Uniform Guidelines

# Netball Multicultural Female Uniform Guidelines

This uniform guideline aims to show the different options for girls and women to participate in netball in Western Australia.



**NetSetGO**

- Any clothing that is safe and comfortable can be worn
- Enclosed shoes

### Additional information:

- Additional clothing options are for cultural / religious modifications only.
- Extra clothing must be the same colour approved by the team or all black or all white.
- Extra clothing must be worn under the existing team uniform.



**Team and club**

- Team uniform dress or top and skirt
- Enclosed shoes



- Team uniform dress or top and skirt
- Long sleeve top in all black or team colours
- Leggings or tight fitting pants in all black or team colours
- Enclosed shoes



- Team uniform dress or top and skirt
- Long sleeve top in all black or team colours
- Leggings or tight fitting pants in all black or team colours
- Head covering in black or team colours
- Enclosed shoes



## Head coverings

Players must not wear anything that is dangerous to themselves or another competitor. This includes not wearing jewellery or sharp pins on head coverings (hijabs).

- Head coverings must be tight and non-flowing.
- Head covering must not cover positional bib.
- If the head covering needs to be fastened, clips and non-sharp pins are to be used.
- Head covering must be all black, all white or team colours.

Disclaimer: This document was prepared in consultation with Netball WA with a view to assist culturally and linguistically diverse women participate safely in sport at club level. Sport and Recreation (WA), its officers and employees, and any authors or contributors to this guide are not responsible for, and disclaim all liability in connection with, any personal injury or death howsoever caused (including where caused by negligence) arising from following the uniform options or statements contained in this document. This document is a guide only and to exercise caution when choosing attire to ensure they can participate safely in the activity. If you have any questions in relation to the guide please contact your State Sporting Association directly - Netball WA on 9380 3700.

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### Appendix C: Continuous Glucose Monitoring Devices

NWA follows the International Rules of Netball (IRN) for its netball competitions and requires that its Associations and Clubs also follow these rules.

However, NWA understands that additional clarification is sometimes required around certain rules, including what can be worn on the court.

#### Continuous Glucose Monitoring Devices

Continuous Glucose Monitoring (CGM) is a way of tracking blood sugar levels. A CGM works through a tiny sensor that is inserted under the skin, often on the belly or arm, measuring the glucose level in a person's cells, and wirelessly transmitting this information to a monitor or smartphone.

CGM monitors are a helpful tool for people with type 1 diabetes, and therefore might be used while someone plays netball.

The International Rules of Netball allows a person to wear a medical bracelet or wedding ring if these items are covered or taped over. It does not state whether medical devices can also be worn while playing netball.

The following recommendation is in line with recommendations given to NWA by Diabetes WA:

- NWA recommends that Associations allow players and match officials to wear CGM devices while participating in netball under the following circumstances:
  - The CGM is part of an armband; or
  - The CGM is properly covered/taped.
- A CGM monitor that is uncovered could be a potential risk to other players, as well as the person wearing the monitor.