


# 2023

## SEASON GUIDE



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## CEO WELCOME Simone Hansen

Welcome to the 2023 Gold Industry Group West Australian Netball League season. Since its inception in 1989, the League has continued to grow and develop into one of the best state netball leagues in the country. 2022 was the year of the Roar with Western Roar winning all three divisions and no doubt 2023 will be about chasing the Roar.

It has been exciting to see clubs with new recruits not only from WA but also from interstate and overseas, which I am sure will help to strengthen and further develop the standard of the competition. Netball WA has once again partnered with Kayo to ensure the coverage of GIG WANL is first class. Throughout the season, more than 30 GIG WANL matches will be broadcast via the Kayo Freebies platform including the final series.

This partnership is vital to improving the viability of our state premier league and to showcase the amazing talent that GIG WANL has on offer. Another exciting change for this season is the Men's Rapid hybrid Round which everyone is looking forward to. The round will see the four Men's sides battle it out using Fast 5 rules including only five players on court. The pace and athleticism of that round is one not to be missed. There will also be three themed rounds: Gold Round, Belt Up Round and First Nations Round.

The Gold Round in Round Four will highlight and celebrate our ongoing partnership with Netball WA's Elite Partner the Gold Industry Group. GIG's support of Netball WA and the League is vital to ensure we can deliver a high-quality state league, season-after-season.

A highlight of the GIG WANL calendar will be our First Nations Round on Sunday 28 May. The celebration will commence with a Welcome to Country and a special cultural performance which will continue to strengthen Netball WA and the League's connection with the traditional owners on which all netball is played. After the ceremony, all matches across the three divisions of GIG WANL will then be played at Gold Netball Centre to make it a very special day for everyone involved.

The Belt Up Round helps to push the Belt Up message further than to just players with the importance of the message from the Insurance Commission of WA being highlighted to spectators and viewers. Once again, the Belt Up ball allow the message to be delivered directly into the hands of the players.

Finally, I want to take this opportunity to wish all the teams, players, coaches, support staff, officials and volunteers all the best for the season ahead.





# The Year of the Roar

The 2022 Gold Industry Group West Australian Netball League season will be forever etched as the Year of the Roar.

In a historic moment for the competition, the Western Roar became the first club to clinch all three divisions of GIG WANL on an amazing grand final day for the club.

The 2022 Open competition was hotly contested as Western Roar and West Coast Warriors both finished top of the table with 12 wins with only percentage separating the eventual grand finalists.

Southside Demons and Curtin Hamersley Comets occupied third and fourth respectively after the home and away season with the Comets two games ahead of Rangers.

At the other end of the ladder, it was a tough year for Souwest Jets and Peel Lightning as they combined for three wins between them. While East Freo Sharks will take some solace out of their draw with the third placed Demons in Round Three.

The Comets defeated the Demons in the first week of finals to set up a preliminary final with the Western Roar who were licking their wounds after a five goal loss to the Warriors.

With scores level at half time, the Roar kicked into gear dominating the third quarter. Scoring 17 goals to Comets nine goals, putting Roar in the lead by seven at the final change before they surged ahead to claim a spot in the finale.

After dropping the first final to the West Coast Warriors, the Roar avenged the defeat on grand final day.

In a topsy-turvy first half, the teams went into the main break level at 24 goals apiece and then the Roar struck.

Roar began to pull ahead of their rivals, as Warriors encountered setback after setback. Roar ran away with the momentum and became unstoppable in the third quarter, rattling their opponents with the sudden change of pace and determination and took a decisive 11 goal lead into the final term.

The Roar completing the club's clean sweep with a 58-40 victory. Roar coach Dylan McPherson was extremely pleased by his team's performance, especially in the second half of the match.





“The team was fantastic. I thought we dominated the third quarter despite being hesitant at the start,” McPherson said.

“We knew that Warriors were going to come out strong, but we just had to keep being aggressive and keep attacking.”

Roar captain and goal attack Maddison Schultz was voted MVP, winning the medal with a perfect score from match officials.

It was a similar story in the 20/U. The Roar turned around the result from the first week of finals to defeat the minor premiers Peel Lightning 60-61.

Roar led at every change to claim the premiership as Georgie Cleaver and Rylee Hall both scored 30 goals.

In the Men's, the undefeated Roar completed a perfect season as they overcame the Curtin Hamersley Comets by 16 goals (61-45).



# Men's Preview: Rapid Round and Chasing the Roar in 2023

The 2023 Gold Industry Group West Australian Netball League Men's Competition is shaping as another exciting season. Defending champions Western Roar will be looking to continue their winning streak after going through 2022 undefeated with a 14-0 record.

Looking to challenge the Roar will be grand finalist the Hamersley Comets, three-time champions West Coast Warriors and the improving Southside Demons.

In an exciting change to the Men's Competition, the third round of fixtures will see the teams play each other in a Rapid Round hybrid version of Fast5 netball.

Rapid Round will see only five players on court with different scoring areas meaning sides can score one, two or three points. All matches during this round will be short and sharp, with four 10-minute quarters with the team that wins the toss choosing the goal end and taking the first centre in the first and third quarters.

In the first six minutes of each quarter teams can score one and two-point shots and the final four minutes of each quarter, goalers can shoot outside the goal circle for a three-point shot.

Reigning premiers Western Roar will be hoping to build on what was a very successful 2022 campaign.

Roar's squad will take on a new look and be a blend of youth and experience with some incredibly exciting, athletic and ferociously competitive young talent, who are ready to forge their own path in the Men's Competition.

They will be looking to their shooting end to once again be dominant with Max Denholm the key with his more than 90 per cent shooting percentage and ability to score 300 goals a season.

The Hamersley Comets are ready to build on last year's grand final finish and are eager to see the impact their newest additions will bring to their team.

The Comets have farewelled Joel Anderson and Blake Smith into retirement while Elliot Clark has relocated to New Zealand. Replacing them will be defenders Liam Bailly and Dale Mather, midcourters, the speedy Mark McCoach and the versatile Declan Mensing and Corey Goss will bolster the shooting line.

Southside Demons have retained a core group of athletes from last season and will be looking to continue building the foundation and style of play that is uniquely Demons. Coach Mandy Love said the Demons were also fortunate to pick up some exciting talent from their trials.

"We are looking at showcasing [that talent] throughout the season and the Rapid Round format.

"Our goal is to earn the right to play in the grand final and we are looking forward to challenging not only ourselves but all other teams in the process."

After narrowly missing out on a spot in last year's decider, the West Coast Warriors are entering the 2023 season with a newfound energy and focus.

A new coaching team of Hannah Irving and Player-Coach Jason Heard are ready to claim back the premiership title and the team has been able to keep the core playing group from last year. Add in some talented young guns who are ready to step up and the team has a chance to reclaim premiership glory.

"There is a fresh energy and vibe within the group this year," Heard said.

"We were obviously disappointed to miss out on the grand final last year, but I think that has lit the fire for a lot of us.

"We know we have to come together as a team and perform under pressure if we want to improve. I have no doubt we have the right group to take it all the way in 2023."

The Warriors will be looking to West Coast Fever Training Partner Jerome Gillbard to lead from the front. The Australian Goal Shooter Gillbard said he was excited to see how the Warriors would go in 2023.

“We’ve got a few new faces, some exciting young talent, some more ‘experienced’ faces, which I think will put us in good stead for the season,” he said.

“We were really disappointed to miss out on making the grand final last year and are out to make sure that doesn’t happen again.”

Gillbard said netball fans looking for excitement in 2023, needed to go no further than the Men’s Competition.

“There have been a few changes across all four sides and it could honestly be anyone’s game on each night.

“I think that makes for an exciting game to watch and hopefully a good spectacle for those that watch.” The future of the Men’s Competition is looking bright with Souwest Jets commencing their Mavericks Academy program aimed at young boys keen to hone their netball skills. The program will hopefully help the Jets to meet their goal of developing a Men’s Team to make its GIG WANL debut in 2024.





# 20/U Preview: Next generation of Netball talent ready to shine

The State's next generation of Netball stars will be on display throughout the Gold Industry Group West Australian Netball League 20/U Competition. All eight teams will be vying for the title as well as developing players to make the leap to the Open Competition and beyond. Here's what you can expect from all eight teams.

## East Freo Sharks

Coach Julie Bridge said the Sharks were looking to make advances this season with their new-look line-up.

"We have a great mix of experience and youth, this team has had a successful pre-season and are forming some strong relationship," Bridge said.

"They have been concentrating on building new on-court connections to continually challenge each other to improve and flourish.

"This season's focus is on delivering strong rudimentary skills, consistency, tenacity and discipline at all times. They have been dedicated to supporting each other in a high intensity but enjoyable environment and are excited for the season ahead."

## Hamersley Comets

The Comets welcome seven exciting, talented up and coming players to their 20/U squad for 2023.

Sharp-shooter Chloe Ramsay steps up from a Training Partner role last year to join the experienced duo of Madeleine Ash and Jamaica Jauncey along with shooter/mid court swing, Arwen Deans. The shooting end promises to be a formidable and versatile unit with a variety of combinations at the Comets' disposal.

Three new signings in the mid court Honey Harrington, Stephanie Towie and Clara Wigley will inject speed and skill to the centre court. Joined by Robyn Windeatt, the young and dynamic mid court unit will be exciting to watch.

With two defenders aging out and Scarlet Jauncey being promoted to the Comets

Open Squad, Jasmine Bacich, Serian Lockwood-Jones and Sophie Main will join Lauren Greene to form a defensive unit which has fantastic potential to form a strong and versatile back end.

## Peel Lightning

Peel Lightning have maintained a core group of players and recruited some new fresh talent for their 2023 campaign. The Lightning are looking to build on from last year's top of the table finish and grand final experience.

The shooting end is complete with both height, agility and experience. While the centre court players are fit, quick and ready to put out the Peel Lightning brand of smart netball. The experienced defensive unit are looking sharp as they have built great connections on court to be fierce and intimidating.

This year's training emphasis has been on performing every skill and drill with elite performance and excellence at training has provided the Lightning with strong foundations in fitness, ball handling, shooter accuracy and defensive prowess.

## Rangers

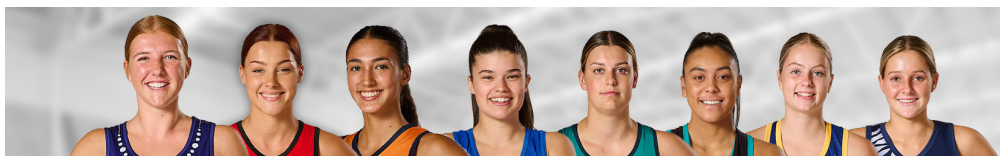
2023 looks to be an exciting year for Rangers as they have added new players to a core group from last season.

Rangers' aim is to finish in the top four and contest finals. They have been working hard during pre-season to set the foundation for a great 2023.

A strong culture at the club has been reflected in all areas of the 20/U squad and the focus is on developing strong connections and playing a dynamic brand of netball.

## Southside Demons

Sporting a fresh new look, it is an exciting time at Southside Demons with strong development for further growth and new uniforms incorporating the Club's indigenous design week in, week out.



The Demons have retained seven athletes from 2022 and gained an experienced player from the GIG WANL environment. The Club is working hard via its Demons Academy to provide a strong pathway that promotes athletes to the next level from Southern Districts Netball Association.

The 20/U squad has worked hard in preseason, challenging each other in a training environment and have focused on a “Team First”, on and off the court. The players are endeavouring to uphold the Club’s values while building a solid team platform to reach new heights.

### **Souwest Jets**

A mixture of experience and young local talent coming through from the Jets pathway program makes up the 2023 squad for Souwest Jets. Led by Coach Aroha Tamatea and experienced state representative and Jets Open players Riley Culnane and Shantelle Tassone as assistant coaches, they have provided the young, vibrant team with an extensive amount of knowledge, skills and guidance.

Although some of the squad are very new to GIG WANL, they understand the assignment and are ready to take on the challenge of their netball journey.

The commitment by some players is obvious, with some travelling a four-hour round trip to trainings twice a week and they are not afraid of a challenge or two. All the Jets Squad members have excelled in their local netball associations, regional and a couple at state representation and the goal for 2023 is to be competitive, be accountable and be fearless.

### **West Coast Warriors**

West Coast Warriors are in a process of change, working on physical and mental abilities to be a competitive threat in the 2023 GIG WANL season. Rachel Cant will lead the side in 2023 and some of the changes have already paid off providing great reward for teamwork developed over the summer months.

Warriors recruited an experienced GIG WANL athlete Charlotte Moreschini, who is making her stance and presence felt in the Warriors environment. State Cup 16/U athlete in 2022 Aaliyah Koteka brings a strong working ethic and will make the most of every opportunity that comes her way.

Warriors have welcomed Assistant Coach Dilara Isikli who has brought a fresh and fiery approach while Brooke Tkachenko has the subtle but dedicated approach in her Apprentice role.

The Warriors are without a doubt hungry, more passionate and more internally switched on and they want 2023 to be their time!

### **Western Roar**

Western Roar has maintained more than half its squad from last season’s premiership in a sign they will again be difficult to beat this year.

Coach Stuart Dent said he was also excited to include some young up and coming athletes into the squad this year.

“It’s important to constantly promote and give opportunities to our young developing players to give them exposure at the State’s top level,” he said.

“Three of the inclusions are from the winning State School Girls team from 2022, so we continue to have a winning culture and expectation within our group.

“Our goal is to promote our 20’s athletes and get them ready for the next stage of their netball journey.”

Dent said with Sienna MacDonald and Georgie Cleaver being elevated into the Open Team, there would be opportunities for younger players.

“Keep an eye out for both Maya Kenny and Emily Dwyer who have had big preseasons and are ready to go for 2023,” Dent said.

# Predictions:

## Carly Laden, South Western Times

**Open Premier:** Western Roar

**Open Runner-Up:** West Coast Warriors

**Open Top 4:**

1. Western Roar
2. West Coast Warriors
3. Southside Demons
4. East Freo Sharks

**Jill McIntosh Medallist:**

Kellie Baker (West Coast Warriors)

**Men's Premier:** Western Roar

**20/U Premier:** Peel Lightning

**Best GIG WANL Story:**

Aryang sisters join forces for East Freo Sharks

**Match-up you are most looking forward to and why?:**

While the match-ups between Western Roar and West Coast Warriors have always been very exciting to watch, I think the Souwest Jets will be a team to watch throughout the season. The Jets have worked hard in terms of recruitment during the off-season with plenty of player movement so it will be interesting to see how they will stack up against some of the competition's top teams.

## Gaye Teede

**Open Premier:** Western Roar

**Open Runner-Up:** Comets

**Open Top 4:**

1. Western Roar
2. Comets
3. Sharks
4. Warriors

**Jill McIntosh Medallist:**

Aitaura Enari from Jordan Cransberg

**Men's Premier:** Western Roar

**Best GIG WANL Story:**

Cransberg twin sisters potentially lining up against one another. The return of Ruth Aryang

**Match-up you are most looking forward to and why?:**

Keen to see how Enari develops in particular how she matches up against Roar defenders, Bartlett and Brown. I thought she was one of the shining lights of the 22 season and now needs to impose herself against the more credentialled defenders.



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## Sarah East

**Open Premier:** Comets

**Open Runner-Up:** Western Roar

### Open Top 4:

1. Comets
2. Western Roar
3. Sharks
4. Demons

### Jill McIntosh Medallist:

Georgia Pitt

**Men's Premier:** Western Roar

**20/U Premier:** Sharks

### Best GIG WANL Story:

Jordan Cransberg - excited to see what she'll bring to Comets team this season. I think she'll go close to Jill McIntosh Medal if she plays a full WANL season, however I feel after her solid performance at the Team Girls Preseason Comp, will be called into Fever throughout the season.

### Match-up you are most looking forward to and why?:

Sharks v Demons

A few new players added to their lists which will add depth and versatility across the court and excited to see what some of their new combinations can produce.

## Kristy Reilly: Acting CEO of GIG

**Open Premier:** Western Roar

**Open Runner-Up:** West Coast Warriors

### Open Top 4:

1. Southside Demons
2. Western Roar
3. Comets
4. West Coast Warriors

### Jill McIntosh Medallist:

This is a tough one to predict! The tally is always very tight. I'll leave it as a surprise.

**Men's Premier:** Comets

**20/U Premier:** Western Roar

### Best GIG WANL Story:

As naming rights partner of the Western Australian Netball League, Gold Industry Group's investment has helped find, train, and develop the next generation of Netballers, while growing the sport in regional communities across the state. Like the Gold Industry, Netball in our country has a long rich history.

Together we have seen the growth and development of the competition, including growing the number of teams, expanding the games reach through a new broadcast partnership with Kayo, improved in venue experience for players and fans, and broader marketing and promotion of the league. My favourite initiative so far has been launching the first ever Heart of Gold WANL club person of the year awards and providing a gold medal which is symbolic of this community focused partnership, from grassroots to the elite game.

### Match-up you are most looking forward to and why?:

We're proud of how our shared commitment has uniquely positioned the gold industry as a key supporter of every level of netball in Western Australia, and of women's sport more broadly. Our partnership with Netball WA, West Coast Fever and Shooting Stars has provided a fantastic opportunity for the gold industry and netball to align in key focus areas of community, health and wellbeing, education, diversity, and regional development. We are delighted to be able to provide opportunities to that make a positive impact in the community through our partnership with netball





## Flexibility key to Comets

The Hamersley Comets are looking forward to having more flexibility across the court than ever before during the 2023 season.

The Comets have recruited new West Coast Fever Training Partner Jordan Cransberg, whose experience with Melbourne Vixens and in the Victorian Netball League will help fill the void left by retiring star Sarah East. The former captain called time on her GIG WANL career after more than 150 league games with the Wheatbelt Flames and Comets as well as appearances for West Coast Fever.

The Comets have also lost Joely Carroll who has opted to travel which has opened up spots to elevate two players, Jasmah Haywood and Scarlet Jauncey from the 20/U program.

Coach Michelle Cox said the addition of three exciting, talented up and coming players had helped to revamp the Comets for the season ahead. "Adding these girls to our already diverse team, 2023 looks to be an exciting season for Comets," she said.

"Experienced Sloan Burton and Lindal Rohde mixing with the extremely accurate Jasmah and the cool-calm composure of Aitaua Enari will be exciting to watch." Cox said the recruitment of Cransberg provided the Comets with a dynamic powerhouse in the mid court.

"Her introduction into the team increases our diversity with player positions and will enable us to adjust line ups subject to requirements. "Our defence presence is bolstered with Scarlet, who reads the play well for game

changing intercepts. Our defenders are agile and have the ability to read play exceptionally well creating their intercepts."

Cox said she was looking forward to having more flexibility at her disposal. "With players being able to move over multiple positions this will gives us flexibility that we may not have had in prior seasons. Our challenge will be to develop connections quickly as the season is fast approaching, focusing on our strengths to challenge any team in the competition."

### Open Squad

**INS:** Jordan Cransberg (WCF Training Partner), Jasmah Haywood (20/U) and Scarlet Jauncey (20/U).

**OUTS:** Joely Carroll (Travel) and Sarah East (Retired).

Sloan Burton, Jordan Cransberg, Liz Dronfield, Aitaua Enari, Jasmah Haywood, Mia Henderson, Scarlet Jauncey, Lindal Rohde, Toni-Marie Smith, Ella Taylor and Brittany Turnbull.

**Training Partners:** Ceri Dunn, Zjana Herangi, Claire McIntyre, Georgia Morgan and Serena Nandapi.

**Head Coach:** Michelle Cox

**Assistant Coach:** Gavin Domjahn

# PLAYER TO WATCH: Jordan Cransberg



New West Coast Fever Training Partner Jordan Cransberg is a young dynamic centre court player from Victoria who has worked through the Victorian pathways and previously been a training partner for Melbourne Vixens.

Cransberg has moved to Perth to study Medicine at the University of Western Australia and has exceptional fitness, speed, agility and ball handling skills. Her attacking and defending is very dynamic and productive.

## 20/U Squad

Madeleine Ash, Jasmine Bacich, Arwen Deans, Lauren Greene, Honey Harrington, Jamaica Jauncey, Serian Lockwood-Jones, Sophie Main, Chloe Ramsay, Stephanie Towie, Robyn Windeatt and Clara Wigley.

**Training Partners:** Sienna Birkett and Libby Broughton

**Coach:** Janine Friday

**Assistant Coach:** Kevin Maunder

## Men's Squad

Liam Bailye, Jack Davis, Corey Goss, Keenan Halden, Dale Mather, Mark McCoach, Declan Mensing, Wade Moore, Guy Ramsay, Griff Thomas and Mitchell Walker

**Training Partners:** Michael Humphryson and Charles Reddin

**Coach:** Nicole Mann

**Assistant Coach:** Ellie Sanzone

**Manager:** Charo Moore







## Sharks want to be team to beat

East Freo Sharks are aiming to be the team to beat in the Open Division of GIG WANL in 2023.

The Sharks have recruited well with West Coast Fever Training Partner Ruth Aryang crossing over from Souwest Jets to play with sister Rose. Australian 19/U squad member Sophie Eastaugh has also moved up from the Jets, while former West Coast Warrior Numi Tupaea will add to the team's midcourt depth.

Susan Gerrard has returned to coach the Open side and after finishing sixth in 2022, Gerrard said the team wanted to improve their ladder position from previous seasons.

"The team is a mix of young, talented players with solid experienced players, all of whom are committed to helping each other achieve ultimate success," Gerrard said.

"Sharks have a strong and versatile shooting end with speed and height, and a fast, skilful mid court. This will be combined with a formidable defence line, should prove to be a winning formula for Sharks in 2023."

Gerrard said it was important the club focused on developing its squad.

"This year the emphasis will be on ensuring the development of strong, fundamental skills, a team-first approach at all times and enjoying both training and games," she said.

"One of challenges the team will face will be developing strong combinations as many of the Sharks players are in either the Fever Academy or State programs and so are only available to train one night per week."

### Open Squad

**INS:** Ruth Aryang (Souwest Jets), Sophie Eastaugh (Souwest Jets), Asha Parsons, Ella Sigley (Returning from Injury), Indiana Squiers and Numi Tupaea (West Coast Warriors).

**OUTS:** Zoe Baxter, Elena Damianopoulos (West Coast Warriors), Taylor Finch (West Coast Warriors), Olivia Fowler, Courtney Kruta (Southside Demons) and Chloe Willsher.

Rose Aryang, Ruth Aryang, Shannon Eglund, Sophie Eastaugh, Larrissa Harrison, Asha Parsons, Jessica Penny, Jessica Repacholi, Ella Sigley, Indiana Squiers, Numi Tupaea.

**Training Partners:** Georgia Bertolami and Ruby Wallace

**Head Coach:** Susan Gerrard

**Assistant Coach:** Melanie Rainey

# PLAYER TO WATCH: Sophie Eastaugh



Arriving at the Sharks from Souwest Jets, Eastaugh is a tall, athletic goal attack and goal shooter and a current member of the Australian 19/U squad.

With experienced shooters around her and a dynamic midcourt, Eastaugh will continue to grow and develop in 2023 and be a strong target and presence in the goal circle for the Sharks.

## 20/U Squad

Teagan Begovic, Riley Burd, Kianah Davey, Annabel Dryland, Hayley Jones, Jacinta Nicholls, Ava Robson, Isabel Spry, Indi Strom, Sienna Timmermans and Alleayah Watts.

**Training Partners:** Aria Ellie, Summer Lowe, Ruby Seddon and Lucy Taylor.

**Coach:** Julie Bridge

**Assistant Coach:** Alison Castley

**Apprentice Coach:** Trudy Cammell





## Fresh ideas to better connect Lightning

Only three Peel Lightning players from the 2022 squad will take the court in the 2023 version of GIG WANL.

Along with a number of changes to the squad, the Lightning also have a new coach with Tracey Boreham taking the reins.

Boreham has already brought fresh ideas and progressions in place for the club and surrounding associations who the club is trying to connect better with to improve netball in the region.

Boreham said the Lightning were looking to rebuild in 2023.

“When we pull on the Lightning dress, we do it with pride,” Boreham said.

“We are aiming to demonstrate a new cohesive team who all work for each other. They are after success and want to show an improved skill level to make rise up the ladder

“This year’s emphasis will be on training harder than we play. We need to step up and improve our basic fitness, ball handling, shooter accuracy and defensive skills.

“We are on the correct pathway and need to maintain the intensity and commitment to each other, the team and the club.”

Boreham said all three areas had strengths that would help develop the team’s overall connection.

“The shooting is a mix of speed, height and great connections with the centre court,” she

said.

“The centre court have experienced players returning to show their speed, agility and impressive ball skills.

“The defensive line from 2022 has been improved with new recruits who demonstrate a hunger for winning ball.”

### Open Squad

**INS:** Sophie Clancy, Mignon du Plessis, Hannah Foley, Cherie Miller, Kasey Ridout (20/U), Myra Ugle (West Coast Warriors), Tamaii Zimmerman (West Coast Warriors)

**OUTS:** Abbey Hicks (Rangers), Nakita Little, Donaldal Peakau, Emily Smith, Payton Vaughan, Molly Warne and Emily Winterbine.

Sophie Clancy, Mignon du Plessis, Sarah Ebbott, Hannah Foley, Megan Hooper, Jess Killick, Belinda Lowe, Cherie Miller, Rebecca Nitschke, Kasey Ridout, Myra Ugle and Tamaii Zimmerman

**Head Coach:** Tracey Boreham

**Assistant Coach:** Sandi Francis



# PLAYERS TO WATCH:

## Cherie Miller & Belinda Lowe

### Cherie Miller

Miller is explosive, dynamic and agile. A shooter who has a massive presence on the court, she is confident and demands the ball to put the shot up.

### Belinda Lowe

Lowe is one of three returning players for season 2023 and is an exciting player whose quick footwork, long reach and vertical jump will be tested against the shooters.

### 20/U Squad

Lara Anstiss, Alex Broniecki, Annelise Clark, Lola Collard, Kahli Davis, Erin Diggins, Jahnae Matoe-Crooks, Asha Ranson, Tori Ranson, Ebony Stewart and Denica Stoffberg

**Training Partners:** Georgia Boak, Jacinta Cooper, Asha Cowcher, Jade Mcilvinney, Eva Medenis, Machaela Meyza and Shania Ring.

**Coach:** Tracey Boreham

**Assistant Coach:** Gay Nash, Reechelle Guadagnino





## Mix key to Rangers success

After finishing the 2022 season with a 50:50 record and narrowly missing out on finals, Rangers are looking to a mix of experience and youth to deliver results this season.

Rangers have lost Amy Donaldson and Claire Pickerill to Souwest Jets and elevated 20/U products Rebekah Aynsley and Grace Sinclair along with training partner Hinemoa Mehau.

Abbey Hicks has crossed over from Peel Lightning after scoring 279 goals last season and will be looking to form a potent attacking combination with last year's Jill McIntosh Medal runner-up Georgia Pitt.

Coach Taryn Barley said the coaching group believed the team had a lot of potential this season.

“Our core group of experienced players remain, who prove season-after-season to be valuable assets, whilst injecting some young and upcoming talent with some of our younger players that we anticipate will be the future of our club,” Barley said.

“Although there have been some changes within the league environment this year, we have every intention of working for a top four finish.”

Barley said the challenge would be to develop new league players at GIG WANL level.

“With respect to the culture that has been built amongst this group in the past few seasons and a few new exciting players coming into the fold, this group has every

ability to succeed,” she said.

“Our challenge will certainly be to develop our new league players in this level of competition, but we are very confident that we have the leaders and experience in this team to support a competitive and successful season.”

### Open Squad

**INS:** Rebekah Aynsley (20/U), Abbey Hicks (Peel Lightning), Grace Sinclair (20/U) and Daniella Titoko.

**OUTS:** Sam Campbell, Abi Dargan, Amy Donaldson (Souwest Jets), Claire Pickerill (Souwest Jets) and Adrienne Byrne.

Rebekah Aynsley, Kate Bunten, Kathryn Byrne, Simone Gates, Abbey Hicks, Chelsea Meade, Georgia Pitt, Grace Sinclair, Ellie Smart, Morgan Styles and Daniella Titoko.

**Training Partners:** Ashlee Annels, Ashleigh Howat and Courtney Lindgren.

**Head Coach:** Taryn Barley

**Assistant Coach:** Sharon Dawson

**Apprentice Coach:** Craig Harry

# PLAYER TO WATCH: Chelsea Meade



After debuting in the GIG WANL competition in 2021, Chelsea Meade is entering her third year at Rangers and has been developing her court craft and proven to be a dynamic weapon in WA. Her strength is her speed and elevation and, as she gains experience in the competition, she is starting to consolidate her game and position in the centre court. Meade has demonstrated an exciting level of talent in pre-season training and with everything starting to fall into place, she is going to be a true competitor this season.

## 20/U Squad

Gardenia Asiata, Emily Cramond, Jade Dimer, Gemma Evans, Abbey Henshall, Grace Hepworth, Sophie Hunt, Grace Jooste, Alix McWha, Tiala Slatter, Tayla Styles and Jessica Wheeler.

**Coach:** Jo McKee

**Assistant Coach:** Sian Geldenhuys and Maggie Carrol





## McPhee up front to lead Demons

Southside Demons has added former Waikato Bay of Plenty Magic attacker Kelsey McPhee to their squad for Season 2023 as they look to improve on their week one finals exit.

The 25-year-old goal shooter played 26 matches for the Magic between 2019 and 2020, scoring 589 goals and will provide a dynamic option for the Demons in the circle.

Coach Josie Janz-Dawson said the team was working hard on game preparation and developing smart-thinking players.

"The club and team have been working on building a consistent team and culture," Janz-Dawson said.

"With very little changes to our squad, we are hoping to continue working on our structures and the connection in our units.

"The finals experience we had last season was critical for our development as a team and we're hoping it will drive our performance in season 2023.

"Addition of a Kiwi goal shoot Kelsey McPhee will give us a dynamic option for our shooting circle paired with our tried and tested existing combinations.

"The big focus in the off-season has been on our fitness to sustain and maintain the intensity with the opposition applying a grinding down strategy with their on-court substitutions."

The Demons boost experience in their training partners with 2006 Jill McIntosh medallist Kyra Jones (nee Neal) and former West Coast Fever and East Freo Shark Courtney Kruta providing added depth to the squad.

Four-time Netball WA Coach of the Year Nicky Prothero will coach the Demons 20/U with the young players to benefit from her more than 200 games of WANL Open coaching experience.

### Open Squad

**INS:** Kelsey McPhee (Waikato Bay of Plenty Magic)

**OUTS:** Marene Peyper (Souwest Jets) and Emily Hathaway (Travel).

Meg Gallagher, Meg Gibson, Chanel Gomes, Abbey Hanley, Ally Holdcroft, Rebecca Lill, Kelsey McPhee, Tahlia McSweeney, Ashleigh Neal, Sydney Rafferty and Montana Turnbull

**Training Partners:** Chloe Harrison, Kyra Jones and Courtney Kruta

**Head Coach:** Josie Janz-Dawson

**Assistant Coach:** Julie Cleverley

**Specialist Coach:** Helen Riolo



# PLAYER TO WATCH: Meg Gallagher



After shooting 213 at 78 per cent in 2022, the former underage state player has matured with the experience of playing consistently in the past seasons. She has a focus on backing her confidence for the longer range shot in season 2023.

## 20/U Squad

Lily Anderson, Madison Austen, Chelsea Cook, Holly Denholm, Georgia Ettridge, Hayley Evans, Brianna Glossop, Carly Harris, Brianna Hetherington, Ashley Mobillia, Katie Mobilia and Jordan Stone.

**Coach:** Nicky Prothero

**Assistant Coach:** Leanne Brown and Kim Hagar

## Men's Squad

Jason Clarke, Reece Cera, Jack Fletcher, Callan Fredericks, Dylan Gunn, Charlie King, Toby Millar, Chase Taua, Ben Williamson, Jason Winter and Josh Wladyka.

**Training Partners:** Drew Clarke, Jack Hewton, Nathan McPherson

**Coach:** Mandy Love

**Assistant Coach:** Jem Williamson





## Changes build excitement at Jets

Excitement is building in the South West as the Souwest Jets look to improve on their seventh placing in last season's GIG WANL.

The loss of Sophie Eastaugh and West Coast Fever Training Partner Ruth Aryang to East Freo Sharks has been offset by the recruitment of GIG WANL experienced trio Amy Donaldson, Marene Peyper and Claire Pickerill. Another big change for the Jets is in the coaching ranks with Cherie Farnan taking over from Karly Guadignan, who is focusing on her role with the State 19/U side.

Farnan has built an extensive, experienced and eclectic squad and the Jets are excited about her long-awaited debut at the helm after years as an assistant coach. She said her move from assistant coach to head coach would make for a smooth transition for the players. "Our objective of providing a place that allows athletes to grow and excel has been, and always will be, our greatest driving force," Farnan said.

"They are number one and in 2023, together, we will continue to strive for excellence for all." Farnan said the challenge facing the Jets was to develop connections between the playing group.

"Our challenge is to develop strong honest connections to allow our team to function effectively, so they are constructive and creative – and therefore unpredictable to our opposition. Concentrating on our own connections will enable us to progress successfully throughout the season."

She said the club's new players were helping

to raise the standards during pre-season training. "They have been a great add to our environment. We have a great group of amazing Jets players, who have an unrivalled passion and love for the game they play and the people/community they play with and for.

"This is what makes coaching so rewarding, in that they love to be there and they rise the challenge. In return, the players have a community who is always behind them 100 per cent." The Souwest Jets also announced in the off-season a new underpinning men's program to help develop male talent in the South West.

### Open Squad

**INS:** Amy Donaldson (Rangers), Kate Kimberley, Marene Peyper (Southside Demons) and Claire Pickerill (Rangers).

**OUTS:** Simone Dalkin (West Coast Warriors), Sophie Eastaugh (East Freo Sharks), Ruth Aryang (East Freo Sharks) and Shaye Skraha .

Jennifer Brown, Amy Donaldson, Ella Eastaugh, Cassie Farquhar-Reid, Brooke Gibson, Kate Kimberley, Marene Peyper, Brooke O'Connor, Claire Pickerill, Brooke Repacholi, Giselle Taylor and Elycce Webb.

**Head Coach:** Cherie Farnan

**Assistant Coach:** Brianna Barber

# PLAYER TO WATCH: Brooke Repacholi



Centre Repacholi is an amazing athlete who has had quality pre-season which has set the foundation for a big 2023 season.

## 20/U Squad

Rebekah Cook, Olivia Crothers, Daisy de Morton, Lilah Edmunds, Milla Harker, Abbey Jones, Tessa Kilchenmann, Rachel Kilchenmann, Molly Miller, Grace Millichamp, Susannah Moore and Abbey Pitts.

**Training Partners:** Annie Chomley, Isabel Reed and Mikayla Williams.

**Coach:** Aroha Tamatea

**Assistant Coach:** Riley Culnane, Shantelle Tassone





## Warriors chasing redemption

West Coast Warriors are looking for a fourth premiership in five seasons when the 2023 GIG WANL competition commences.

After claiming the 2019, 2020 and 2021 titles, the Warriors went down to Western Roar in last season's decider 58-40.

The loss of reigning Jill McIntosh Medallist Caitlyn Brown to Western Roar headlines the Warriors squad changes. They have added former Tactix Goal Attack Gemma Etheridge as well as Kassidy Withers who crosses over to Perth from Victorian Netball League side the Peninsula Waves.

They have added Sharks pair Elena Damianopoulos and Taylor Finch, Souwest Jets attacker Simone Dalkin and Ranger Charley Rafferty.

In addition to Brown, Numi Tupae (Sharks), Myra Ugle (Peel) and Tamaii Zimmerman (Peel) have also departed the club.

Coach Lorraine Ward said the Warriors wanted to maintain their brand of netball which they have delivered over the past five seasons.

"Warriors have worked hard during the pre-season and we are ready to give our all in season 2023," Ward said.

Ward said the team wanted to finish in top two on the ladder to earn the double chance and have a shot at a fourth premiership in five seasons.

"With many new faces in the Open team, we will need to create and execute a new game

plan for 2023.

"My challenge will be to develop and nurture solid connections between new and existing athletes, whilst maintaining our strong club brand of tough uncompromising netball."

### Open Squad

**INS:** Elena Damianopoulos (East Freo Sharks), Simone Dalkin (Souwest Jets), Gemma Etheridge (New Zealand), Taylor Finch (East Freo Sharks), Amber Jamieson (Training Partner), Charley Rafferty (Rangers), Hannah Trusso (Training Partner) and Kassidy Withers (Peninsula Waves, Victoria)

**OUTS:** Caitlyn Brown (Western Roar), Lauren Jenour, Hayley McKee, Maddy O'Regan, Helen Taylor, Numi Tupea (East Freo Sharks), Myra Ugle (Peel Lightning), Ashleigh Weyer and Tamaii Zimmerman (Peel Lightning).

Kellie Baker, Steph Cooper, Simone Dalkin, Elena Damianopoulos, Jess Eales, Gemma Etheridge, Taylor Finch, Eli Johnstone, Charley Rafferty, Hana Stokes, Ella Tudor Roberts and Kassidy Withers.

**Training Partners:** Amber Jamieson and Hannah Trusso

**Head Coach:** Lorraine Ward

**Assistant Coach:** Tibbie Galbraith



# PLAYER TO WATCH: Gemma Etheridge



The former Tactix goal attack has joined the Warriors. She is super smart on court and fit and ready to fire up front for the Warriors.

## 20/U Squad

Rachel Cant, Eva Ferguson, Tanna Finch, Lily Gilseman, Sinead Harvey, Aaliyah Koteka, Charlotte Moreschini, Finn Mulligan, Jasmine Prentice, Anna Walsh, Amelia White and Erika Yokwe.

**Coach:** Petrina Pehi

**Assistant Coach:** Dilara Isikli

**Apprentice Coach:** Brooke Tkachenko

## Men's Squad

Scott Austen, Ian Brady, Matt Brown, Levi Drazevich, Jerome Gilbard, Jake Hawthorne, Jason Heard, James King, Will Linter, Jonah Ness and Joseph Ninyyette.

**Training Partners:** Luke Dent, Jayden Kahotea and Luke Spadano

**Coach:** Hannah Irving and Jason Heard





## Roar Lure Brown from Warriors

In a huge coup for the Western Roar in their title defence, the club has recruited reigning Jill McIntosh Medallist Caitlyn Brown.

Brown, who was part of the West Coast Warriors side which lost to the Roar in last year's GIG WANL decider, won the league's best and fairest by one vote and also represented West Coast Fever Reserves at the Australian Netball Championships in August 2022.

The Roar have also upgraded training partner Maddie Hunter and 20/U player Georgie Cleaver to the squad. Club legend Tess Gee-Cransberg has retired, however, she will be a training partner for 2023.

Premiership Coach Dylan McPherson said the side had gone back to the drawing board to ensure success again in 2023.

"We feel really confident that we can be competitive and are excited to show a different type of netball than people have seen from us in a few years without some of the players we have had for so long.

"Replacing Annabel Sagggers with Caitlyn Brown and Osh [O'Shiarn Vale] with Maddie Hunter are like for like changes and we are really excited to see our young shooting circle of Lamers, Putt and Cleaver find their groove."

McPherson said there was an air of excitement in the group as they looked to defend their title and become the hunted.

"We are targeting a good start to the year, hopefully we play finals and then compete for that premiership again.

"We have the all the pieces of the puzzle, we just need to put them together - I think we will have a cracking 2023."

### Open Squad

**INS:** Caitlyn Brown (West Coast Warriors), Maddie Hunter (Training Partner) and Georgie Cleaver (20/U)

**OUTS:** Annabel Sagggers, O'Shiarn Vale and Keely Atkinson.

Chelsea Bartlett, Caitlyn Brown, Georgie Cleaver, Zoe Cransberg, Cleo Kenny, Sophia Lamers, Isabella McLernon, Emma Putt, Trinity Rond, Maddie Hunter, Zoe Spencer and Maddison Schultz.

**Training Partners:** Tess Gee-Cransberg and Sienna McDonald

**Head Coach:** Dylan McPherson

**Assistant Coach:** Jo Cunningham

# PLAYER TO WATCH: Sophia Lamers



Accurate and athletic. Creative and competitive – Lamers is one to watch. The 2021 GIG WANL Goal Shooter of the Year is expected to step out of the tutelage of Maddison Schultz and Tess Gee-Cransberg and own the Roar shooting circle in 2023. After a phenomenal finals series last season and coming back fit and firing in pre-season, the Roar are excited to see their young shooting circle of Lamers, Emma Putt and Georgie Cleaver as they navigate the 2023 season and create headaches for defenders everywhere.

## 20/U Squad

Kate Cunningham, Devin Cunninghame, Emily Dwyer, Madison Gauntlett, Christe-Lee Grisesel, Rylee Hall, Boudene Huckle, Maya Kenny, Teddi Lowe, Aisha Morcombe, Emily Rivers and Charisse Rond.

**Coach:** Stuart Dent

**Assistant Coach:** Deanne Quartermaine and Liana Gathercole

## Men's Squad

Stewart Burton, Ben Cole, Daniel Cools, Max Denholm, Stuart Dent, Tom Gorman, Kyle Hosking, Trent Huppatz, Dylan McPherson, Daniel, Perrella, Connor Rawlings and Jordan Stothard.

**Training Partner:** Mitch Purser

**Coach:** Lynn Gay

**Assistant Coach:** Cathy McCafferty





## OPEN FIXTURES - WOMEN

### ROUND 1

10 | 03 | 2023

Lightning vs Rangers	18:00	GNC
Comets vs Demons	21:30	GNC
Sharks vs Jets	19:45	GNC
Roar vs Warriors	18:00	GNC

### ROUND 2

17 | 03 | 2023 - 19 | 03 | 2023 Men's bye

Comets vs Ranger	20:00	GNC
Sharks vs Warriors	18:30	GNC
Lightning vs Roar	14:30	MARC (Sunday)
Jets vs Demons	14:00	EATON (Sunday)

### ROUND 3

24 | 03 | 2023 - 26 | 03 | 2023

Demons vs Warriors	20:00	GNC
Roar vs Sharks	18:30	GNC
Jets vs Rangers	14:30	EATON (Sunday)
Lightning vs Comets	14:00	MARC (Sunday)

### ROUND 4

31 | 03 | 2023 Gold Round

Demons vs Rangers	21:00	GNC
Sharks vs Lightning	21:00	GNC
Warriors vs Comets	19:30	GNC
Jets vs Roars	19:30	GNC



**ROUND 5****04 | 04 | 2023 Men's bye**

Rangers vs Sharks	20:00	GNC
Warriors vs Lightning	18:30	GNC
Comets vs Jets	18:30	GNC
Roar vs Demons	20:00	GNC

**ROUND 6****21 | 04 | 2023**

Warriors vs Rangers	20:00	GNC
Comets vs Roar	18:30	GNC
Demons vs Sharks	18:30	GNC
Jets vs Lightning	20:00	EATON

**ROUND 7****28 | 04 | 2023 Belt Up Round**

Rangers vs Roar	21:00	GNC
Lightning vs Demons	18:00	GNC
Sharks vs Comets	19:30	GNC
Warriors vs Jets	19:30	GNC

**ROUND 8****05 | 05 | 2023**

Rangers vs Comets	18:00	GNC
Jets vs Demons	19:30	GNC
Roar vs Lightning	19:30	GNC
Sharks vs Warriors	21:00	GNC

**ROUND 9****12 | 05 | 2023 - 14 | 05 | 2023**

Roar vs Rangers	18:30	GNC
Warriors vs Jets	20:00	GNC
Lightning vs Demons	20:00	MARC
Sharks vs Comets	14:00	ECC (Sunday)

**ROUND 10****19 | 05 | 2023**

Demons vs Rangers	20:00	GNC
Warriors vs Comets	18:30	GNC
Jets vs Roar	18:30	GNC
Lightning vs Sharks	20:15	MARC



**ROUND 11****28 | 05 | 2023 First Nations Round**

Rangers vs Jets	10:30	GNC (Sunday)
Comets vs Lightning	13:30	GNC (Sunday)
Demons vs Warriors	12:00	GNC (Sunday)
Roar vs Sharks	13:30	GNC (Sunday)

**ROUND 12****09 | 06 | 2023**

Rangers vs Lightning	20:00	GNC
Demons vs Comets	18:30	GNC
Warriors vs Roar	20:00	GNC
Jets vs Sharks	20:15	EATON

**ROUND 13****16 | 06 | 2023 - 18 | 06 | 2023**

Comets vs Roar	18:30	GNC
Demons vs Sharks	20:00	GNC
Rangers vs Warriors	14:30	RAY OWEN (Sunday)
Lightning vs Jets	20:00	MARC

**ROUND 14****23 | 06 | 2023 - 25 | 06 | 2023**

Lightning vs Warriors	20:00	GNC
Comets vs Jets	18:30	GNC
Roar vs Demons	18:30	GNC
Rangers vs Sharks	14:30	RAY OWEN (Sunday)



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## 20U FIXTURES

### ROUND 1

10 | 03 | 2023

Lightning vs Rangers	19:45	GNC
Comets vs Demons	18:00	GNC
Sharks vs Jets	18:00	GNC
Roar vs Warriors	21:30	GNC

### ROUND 2

17 | 03 | 2023 - 19 | 03 | 2023 Men's bye

Comets vs Rangers	18:30	GNC
Sharks vs Warriors	20:15	GNC
Lightning vs Roar	12:30	MARC (Sunday)
Jets vs Demons	12:30	EATON (Sunday)

### ROUND 3

24 | 03 | 2023 - 26 | 03 | 2023

Demons vs Warriors	18:30	GNC
Roar vs Sharks	20:15	GNC
Jets vs Rangers	12:30	EATON (Sunday)
Lightning vs Comets	12:30	MARC (Sunday)

### ROUND 4

31 | 03 | 2023 Gold Round

Demons vs Rangers	19:30	GNC
Sharks vs Lightning	18:00	GNC
Warriors vs Comets	18:00	GNC
Jets vs Roar	18:00	GNC

**ROUND 5****04 | 04 | 2023 Men's bye**

Rangers vs Sharks	18:30	GNC
Warriors vs Lightning	20:00	GNC
Comets vs Jets	20:00	GNC
Roar vs Demons	18:30	GNC

**ROUND 6****21 | 04 | 2023**

Warriors vs Rangers	18:30	GNC
Comets vs Roar	20:00	GNC
Demons vs Sharks	20:00	GNC
Jets vs Lightning	18:30	EATON

**ROUND 7****28 | 04 | 2023 Belt Up Round**

Rangers vs Roar	19:30	GNC
Lightning vs Demons	19:30	GNC
Sharks vs Comets	18:00	GNC
Warriors vs Jets	18:00	GNC

**ROUND 8****05 | 05 | 2023**

Rangers vs Comets	19:30	GNC
Jets vs Demons	18:00	GNC
Roar vs Lightning	18:00	GNC
Sharks vs Warriors	19:30	GNC

**ROUND 9****12 | 05 | 2023 - 14 | 05 | 2023**

Roar vs Rangers	20:00	GNC
Warriors vs Jets	18:30	GNC
Lightning vs Demons	18:30	MARC
Sharks vs Comets	12:30	ECC (Sunday)

**ROUND 10****19 | 05 | 2023**

Demons vs Rangers	18:30	GNC
Warriors vs Comets	20:00	GNC
Jets vs Roar	20:00	GNC
Lightning vs Sharks	18:30	MARC



**ROUND 11****28 | 05 | 2023 First Nations Round**

Rangers vs Jets	12:00	GNC (Sunday)
Comets vs Lightning	12:00	GNC (Sunday)
Demons vs Warriors	13:30	GNC (Sunday)
Roar vs Sharks	13:30	GNC (Sunday)

**ROUND 12****09 | 06 | 2023**

Rangers vs Lightning	18:30	GNC
Demons vs Comets	20:00	GNC
Warriors vs Roar	18:30	GNC
Jets vs Sharks	18:30	EATON

**ROUND 13****16 | 06 | 2023 - 18 | 06 | 2023**

Comets vs Roar	20:00	GNC
Demons vs Sharks	18:30	GNC
Rangers vs Warriors	12:30	RAY OWEN (Sunday)
Lightning vs Jets	18:30	MARC

**ROUND 14****23 | 06 | 2023 - 25 | 06 | 2023**

Lightning vs Warriors	18:30	GNC
Comets vs Jets	20:00	GNC
Roar vs Demons	20:00	GNC
Rangers vs Sharks	12:30	RAY OWEN (Sunday)



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## MENS FIXTURES

### ROUND 1

10 | 03 | 2023

Roar vs Comets	19:45	GNC
Demons vs Warriors	19:45	GNC

### ROUND 2

17 | 03 | 2023 - 19 | 03 | 2023 Men's bye

### ROUND 3

24 | 03 | 2023 Fast Five Round

Roar vs Demons	18:30	GNC
Warriors vs Comets	20:15	GNC

### ROUND 4

31 | 03 | 2023 Gold Round

Warriors vs Roar	18:00	GNC
Comets vs Demons	21:00	GNC

### ROUND 5

04 | 04 | 2023 Men's bye

**ROUND 6****21 | 04 | 2023**

Comets vs Roar	20:00	GNC
Warriors vs Demons	18:30	GNC

**ROUND 7****28 | 04 | 2023 Belt up Round**

Demons vs Roar	18:00	GNC
Comets vs Warriors	21:00	GNC

**ROUND 8****05 | 05 | 2023**

Roar vs Warriors	21:00	GNC
Comets vs Demons	21:00	GNC

**ROUND 9****12 | 05 | 2023**

Roar vs Comets	20:00	GNC
Demons vs Warriors	18:30	GNC

**ROUND 10****19 | 05 | 2023**

Roar vs Demons	20:00	GNC
Warriors vs Comets	18:30	GNC

**ROUND 11****28 | 05 | 2023 First Nations Round**

Warriors vs Roar	10:30	GNC (Sunday)
Comets vs Demons	13:30	GNC (Sunday)

**ROUND 12****09 | 06 | 2023**

Roar vs Comets	18:30	GNC
Warriors vs Demons	20:00	GNC

**ROUND 13****16 | 06 | 2023**

Demons vs Roar	20:00	GNC
Comets vs Warriors	18:30	GNC

**ROUND 14****23 | 06 | 2023**

Warriors vs Roar	20:00	GNC
Comets vs Demons	18:30	GNC



# Premiers

Year	Men's	18U	Reserves	League	20U	Opens
1989	N/A	N/A	N/A	Raiders	N/A	N/A
1990	N/A	N/A	Sparks	Saints	N/A	N/A
1991	N/A	N/A	Raiders	Bullets	N/A	N/A
1992	N/A	N/A	Sparks	Bullets	N/A	N/A
1993	N/A	N/A	Bullets	Bullets	N/A	N/A
1994	N/A	N/A	N/A	Bullets	N/A	N/A
1995	N/A	N/A	South West	Pumas	N/A	N/A
1996	N/A	N/A	Coastal	Bullets	N/A	N/A
1997	N/A	N/A	Warriors	Sparks	N/A	N/A
1998	N/A	N/A	Sparks	Warriors	N/A	N/A
1999	N/A	N/A	Bullets	WAIS	N/A	N/A
2000	N/A	Bullets	Sparks	Sharks	N/A	N/A
2001	Bullets	Sparks	Sparks	Flames	N/A	N/A
2002	Coastals	Sparks	Sparks	Flames	N/A	N/A
2003	Coastals	Warriors	Bullets	Rangers	N/A	N/A
2004	Coastals	Sparks	Sparks	Sparks	N/A	N/A
2005	N/A	Tigers	Sparks	Rangers	N/A	N/A
2006	N/A	Sharks	Sharks	Rangers	N/A	N/A
2007	N/A	Demons	Rnagers	Demons	N/A	N/A
2008	N/A	Jets	Flames	Demons	N/A	N/A
2009	N/A	Falcon	Jets	Demons	N/A	N/A
2010	N/A	Sharks	Jets	Demons	N/A	N/A
2011	N/A	Tigers	Falcons	Sharks	N/A	N/A
2012	N/A	Rangers	Sharks	Falcons	N/A	N/A
2013	N/A	Sharks	Sharks	Demons	N/A	N/A
2014	N/A	Sharks	Sharks	Demons	N/A	N/A
2015	N/A	Rangers	Sharks	Lions	N/A	N/A
2016	N/A	Jets	Sharks	Warriors	N/A	N/A
2017	N/A	Lions	Sharks	Warriors	N/A	N/A
2018	Warriors	Lions	Sharks	Sharks	N/A	N/A
2019	Warriors	N/A	N/A	N/A	Roar	Warriors
2020	Roar	N/A	N/A	N/A	Roar	Warriors
2021	Warriors	N/A	N/A	N/A	Rangers	Warriors
2022	Roar	N/A	N/A	N/A	Roar	Roar





# Jill McIntosh Medallist

Year	Name	Club
*1989	Jodie McGowan	Saints
*1990	Peta Simeon	Sparks
*1991	Jenny Jones	Flames
*1992	Sharon Jarrott	Bullets
*1993	Chelsey Mardon	Pumas
1994	Peta Simeon	Sparks
1995	Waveney Seinor	Pumas
1996	Leith Fradd	Bullets
1997	Angela Lloyd-Woods	Jets
1998	Nardine Clarke	Flames
1999	Paula Ferguson	N/A
2000	Michelle Atwell	Warriors
2001	Amanda Santaromita	Bullets
2002	Fiona Mitchell	WAIS-Coastals
2003	Susan Fuhrmann	Jets
2004	Cath Devitt	Coastals
2005	Cath Devitt	Coastals
2006	Kyra Neal	Demons
2007	Kym Hunter	Bullets
2008	Emma Beckett	Sharks
2009	Mia Washbourne	WAIS
2010	Kodie Blay	Demons
2011	Sally Joynes	Sharks
2012	Ama Agbeze	Falcons
2013	Rochelle McKee	Lions
2014	Ashleigh Neal	Demons
2015	Andrea Gilmore	Falcons
2016	Lindal Rohde	Demons
2017	Andrea Gilmore	Warriors
2018	Olivia Lewis	Sharks
2019	Donnell Wallam	Warriors
2020	Donnell Wallam	Warriors
2021	Ruth Aryang	Jets
2022	Caitlyn Brown	Warriors

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