

# RETURN TO NETBALL PATHWAY OUT OF LOCKDOWN

6:00PM, 5 FEBRUARY - 12:01AM, 14 FEBRUARY



## HYGIENE PROTOCOLS

### PROTOCOLS FOR NETBALL TRAINING AND COMPETITION

- **COVID-19 Safety Plan** must be completed, updated, or obtained from venue owner.
- Online **COVID-19 infection control** education is completed by association and club committees, all coaches, and managers.
- The hygiene protocols outlined in this document are to be **strictly adhered to**.
- Physical distancing of 1.5m must be maintained, along with 1 person per 4sqm whilst not participating in drills or match play.
- All equipment is now permitted however must be cleaned prior to and after training.

### HYGIENE PROTOCOLS FOR NETBALL TRAINING AND COMPETITION

- If operating canteen facilities the COVID-19 Safety Plan for Food Businesses and Licences Premises must be completed and all canteen staff/volunteers must complete the online **AHA Hospitality and Tourism COVID-19 hygiene course**.
- **NO PERSON** is to attend training if they are sick, have a temperature, feel unwell, or if they have been in contact with another person who has been sick. The coach should be notified immediately of any of the above.
- Alcohol based hand sanitisers must be available for all group/teams training sessions, for use prior, during and following training. All participants are to use sanitiser on arrival at, and before leaving training
- **All equipment** is to be thoroughly sanitised with anti-bacterial solution/wipes or alcohol-based sanitiser prior to and after training sessions.
- Bibs may be used but must be washed after each session in warm water and detergent. Care must be taken when putting on and taking off bibs to ensure minimal to no contact with the face.
- If wearing a mouthguard, it should be disinfected at the end of each training session
- Drink bottles must be clearly labelled and must not be shared. It is recommended that water bottles are thoroughly washed and disinfected after every training session. Drink carriers are not to be used for drink bottle storage.
- No sharing of towels. Towels must be washed after each training session in warm water and detergent.
- Players are responsible for their own strapping if required.
- No sharing of asthma inhalers is allowed.
- Sharing of food is not permitted, as this increases the risks of transmitting viruses.
- High fives, handshakes or other physical contact is not permitted.
- Club rooms, wet areas and change rooms can be used at the association's discretion, however, must be cleaned regularly.
- Each team must have their own first aid kit which must contain gloves.

### GENERAL HYGIENE

- Avoid close contact with people who are sick
- Stay home and seek medical treatment when you are sick
- Avoid touching your eyes, nose and mouth
- Wash your hands often with soap and water for at least 20 seconds - If soap and water are not available, use an alcohol-based hand sanitiser.
- Cover your mouth with the pit of your elbow to cough or sneeze.

## THESE MUST BE ADHERED TO AT ALL TIMES



Netball WA recommends the use of the Safe WA App to assist the return of netball.

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## VENUE CAPACITY

- 4sqm rule applies up to a maximum capacity of 150, including coaches, staff, and spectators.

## MASKS - <https://www.wa.gov.au/government/publications/face-covering-directions>

- **Outdoors** - Must be worn unless participating in netball drills or a game or umpiring a game.
- **Indoors** - Must be worn unless one of the exemptions below apply, we are waiting for confirmation on umpires needing to wear masks indoors.
- **Coaches and all others on the sideline must wear masks at all times.**
- **Exemptions include** - children under 12years, individual has an illness, condition, or disability which makes wearing a face mask unsuitable.

## SAFEWA CONTACT REGISTER - <https://www.wa.gov.au/organisation/covid-communications/covid-19-coronavirus-safewa-guide-businesses>

- **Mandatory** for indoor sporting centres and function rooms and all paper registers must be kept for 28 days.
- **Encourage** all outdoor venues to offer and maintain a SafeWA register or paper register.

## HYGIENE PROTOCOLS MUST BE ADHERED TO AT ALL TIMES.

- Perth Metropolitan area and Peel region please refer to updated hygiene protocols.
- All other regions including the South West region please refer to pre-lockdown hygiene protocols under Phase 4 (5 December 2020)

## TRAVEL

- Only essential travel permitted in and out of the Perth and Peel regions to other parts of WA and a G2G pass is required.
- People from outside of the Perth and Peel regions are not permitted to travel to Perth or Peel for any netball activities.

## COVID-19 OFFICER

Netball WA recommends that Clubs and/or Associations appoint a COVID-19 Officer to ensure these conditions are followed. To find the Netball WA COVID-19 protocols please visit the Netball WA website below.

<https://wa.netball.com.au/netball-wa-covid-19-protocols>



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## FREQUENTLY ASKED QUESTIONS (FAQ'S)

### **CAN I RESUME NETBALL ACTIVITY?**

Yes, you can, netball activity in the South West can resume to pre-lockdown Phase 4 conditions and Peel and Perth regions can resume under the conditions outlined above.

### **DO I NEED TO WEAR A MASK OUTDOORS?**

Yes, unless you are a child under 12years, have an illness, condition or disability which makes wearing a face mask unsuitable or you are participating in match play or vigorous exercise. (Perth and Peel regions only)

### **DO I NEED TO WEAR A MASK PLAYING OR TRAINING INDOORS?**

Yes, unless you are a child under 12years, have an illness, condition or disability which makes wearing a face mask unsuitable. If you are participating in match play or vigorous exercise indoors you must wear a mask. (Perth and Peel regions only)

### **DO I NEED A CONTACT REGISTER?**

Yes, if you are playing/training at an indoor venue or utilising your club rooms for any functions then a contact register is mandatory, if you are playing/training at an outdoor venue we encourage you to have one for your members.

### **CAN WE HOLD OUR CLUB/ASSOCIATION TRIALS NEXT WEEK?**

Yes, as long as you can abide by the 4sqm venue capacity rule up to a maximum of 150, including coaches, staff, and spectators.

### **HOW MANY PEOPLE CAN I HAVE ON A COURT?**

To be determined by the venue owner to ensure 4sqm rule applies up to a maximum capacity of 150.

### **DO MY PLAYERS HAVE TO MAINTAIN SOCIAL DISTANCING WHILE AT TRAINING?**

Community sport can return to Phase 4 conditions whilst adhering to the venue capacity and mask requirements. When not participating in drills/games maintain physical distancing.

### **AM I REQUIRED TO ADHERE TO THE HYGIENE PROTOCOLS?**

Yes, Perth and Peel regions have a separate hygiene protocol to follow for the next week and all other regions are required to follow the pre-lockdown hygiene protocols, both of which can be found on the Netball WA website.



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