

# RETURN TO COMMUNITY NETBALL



## RETURN TO PLAY - HYGIENE PROTOCOLS - PHASE 4

### PROTOCOLS FOR NETBALL TRAINING AND COMPETITION

- **COVID-19 Safety Plan** must be completed, updated, or obtained from venue owner.
- Online **COVID-19 infection control** education is completed by association and club committees, all coaches, and managers.
- The hygiene protocols outlined in this document are to be **strictly adhered to**.
- Physical distancing of 1.5m must be maintained, along with 1 person per 2sqm whilst not participating in drills or match play.
- All equipment is now permitted however must be cleaned prior to and after training.

### HYGIENE PROTOCOLS FOR NETBALL TRAINING AND COMPETITION

- If operating canteen facilities the COVID-19 Safety Plan for Food Businesses and Licences Premises must be completed and all canteen staff/volunteers must complete the online **AHA Hospitality and Tourism COVID-19 hygiene course**.
- **NO PERSON** is to attend training if they are sick, have a temperature, feel unwell, or if they have been in contact with another person who has been sick. The coach should be notified immediately of any of the above.
- Alcohol based hand sanitisers must be available for all group/teams training sessions, for use prior, during and following training. All participants are to use sanitiser on arrival at, and before leaving training
- **All equipment** is to be thoroughly sanitised with anti-bacterial solution/wipes or alcohol-based sanitiser prior to and after training sessions.
- Bibs may be used but must be washed after each session in warm water and detergent. Care must be taken when putting on and taking off bibs to ensure minimal to no contact with the face.
- If wearing a mouthguard, it should be disinfected at the end of each training session
- Drink bottles must be clearly labelled and must not be shared. It is recommended that water bottles are thoroughly washed and disinfected after every training session. Drink carriers are not to be used for drink bottle storage.
- No sharing of towels. Towels must be washed after each training session in warm water and detergent.
- Players are responsible for their own strapping if required.
- No sharing of asthma inhalers is allowed.
- Sharing of food is not permitted, as this increases the risks of transmitting viruses.
- High fives, handshakes or other physical contact is not permitted.
- Club rooms, wet areas and change rooms can be used at the association's discretion, however, must be cleaned regularly.
- Each team must have their own first aid kit which must contain gloves.

### GENERAL HYGIENE

- Avoid close contact with people who are sick
- Stay home and seek medical treatment when you are sick
- Avoid touching your eyes, nose and mouth
- Wash your hands often with soap and water for at least 20 seconds - If soap and water are not available, use an alcohol-based hand sanitiser.
- Cover your mouth with the pit of your elbow to cough or sneeze.

## THESE MUST BE ADHERED TO AT ALL TIMES



*Netball WA recommends the use of the COVIDSAFE App to assist the return of netball.*