

# RETURN TO COMMUNITY NETBALL



## RETURN TO TRAINING - FREQUENTLY ASKED QUESTIONS

### When are we allowed to return to training?

As per the easing of restrictions by the WA State Government, Netball WA (NWA) have approved return to training as of **18th May 2020**. There will be protocols in place to ensure associations, clubs and teams are abiding by WA State Government restrictions. NWA will continually review our protocols in line with WA State Government restrictions.

### When will Suncorp NetSetGO Programs commence?

The Suncorp NetSetGO program including all three Tiers Net, Set and GO can resume under the current WA State Government restrictions and Return to Sport Guidelines.

### Is a risk assessment required before training can commence and who needs to do one?

A risk assessment MUST be carried out and preparation needs to be specific to the netball environment. A Risk Assessment Template **COVID-19 Safety Plan Sport and Recreation** has been provided by the State Government to assist with this process. Associations and Clubs are required to complete this documentation and develop the strategies to fill any gaps uncovered. Print and display the COVID Safety Certificate. This assessment must be made available to Netball WA or relevant government authority if requested.

### What if we share facilities with another sport?

It is important that you consult with all other shared sporting bodies to conduct a joint assessment and to collaborate to ensure that social distancing and hygiene measures are met.

### What is required prior to commencing training?

There are several requirements that associations, clubs, teams and participants must undertake prior to commencing training, these include:

- All participants must be registered to NWA.
- Read, understand and complete where required the resources provided by NWA including;
  - » Return to Community Netball Guidelines
  - » Return to Community Netball Roadmap
  - » Conditions of Venue and Training
  - » Return to Training Protocols
  - » Intent to Train Form
  - » Participant Training Register and Checklist
  - » Return to Training - Frequently Asked Questions
- Contact the association/training venue to ensure that the venue is ready to accept teams/clubs for training, including court bookings.
- Ensure that the association, club and team have the required hygiene protocols in place.
- Association and club committees, all coaches and managers to undertake the online **COVID-19 Infection Control Training**, which should take no longer than 30 minutes to complete.
- Ensure there is no more than 20 participants in each training group (including coaches, managers and volunteers).
- Ensure all participants, coaches, volunteers and parents/guardians are briefed on the requirements around returning to training.
- Ensure relevant COVID-19 posters and information is displayed across the venue.

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### What do we need to do when we return to training?

Associations, clubs, teams and participants must adhere to the following to ensure they are meeting State Government restrictions and NWA protocols, but most of all, are staying safe and limiting any potential spread of COVID-19.

- NWA recommends that vulnerable groups (people aged over 70, those that are immunocompromised) strongly consider whether they should attend training. Other vulnerable groups that may require special consideration are participants with sub optimal access to medical care e.g. remote areas and Aboriginal & Torres Strait Islander communities.
- Adhere to "Return to Training Protocols".
- Training can commence on outdoor and indoor courts (if venue is ready to accept bookings).
- Social distancing of 1.5m and 4 square metre rules is applied to all activities.
- A register of participants' attendance and the groups they train in will be required to be kept for each training session. This assists with the tracing and tracking of the COVID-19 virus should an outbreak occur. This is a requirement for each session.
- A **maximum** of 20 participants per group/team (including coaches, managers and volunteers) allowed.
- Training groups **must** remain consistent week to week. There is to be no movement between training groups. This **includes** the coaches, managers and volunteers. This will assist in limiting any spread of COVID-19 should an outbreak occur.
- A 20-minute time frame to be allowed between training times – allowing 10 minutes to clear the venue and 10 minutes for the next groups to enter.
- **No person** is to enter the training venue until 10 minutes before their assigned training time. Entry must be via the assigned entry point. Social distancing must be maintained on entry.
- **There is to be no more than 20 persons on a court.**
- Adhere to the indoor and outdoor court training as per **COVID-19 Safety Guidelines Sport and Recreation**
- Markers/cones can be used in training.
- Netballs can be used in pairs or small groups (of no more than 5) and must be sanitised thoroughly prior to, and after each training session. Balls should remain within the pair, small group for the entire session. If the balls need to be used by another pair or small group, they must be disinfected with anti-bacterial wipes prior to the next pair/group using them.
- Bibs must not be used.
- Equipment such as bump bags etc are not to be used.
- No sharing of whistles or gym equipment is allowed - if you wish to use, TheraBands at training each person is to have their own and it is to be clearly marked - government advice is that sharing of equipment such as gym equipment increases the risk of transmission of COVID-19.
- There is to be no contact, defending, small sided games or match simulation at training where incidental contact can occur. Social distancing must be maintained.
- High fives huddles, handshakes or other physical contact is not permitted.
- Training is to be no longer than 60 minutes (1 Hour) for Community Netball (this includes warm up time).
- Gold Industry Group WANL Clubs training is to be no longer than 120 minutes (2 hours) (this includes warm up time).
- Cool down and stretching must be completed within the allocated training time or completed when home.
- Player feedback must either be included within the allocated training time or completed later via phone, skype, zoom, email etc.
- At the conclusion of training, groups/teams are to leave the training venue within 10 minutes via the assigned exit. Social distancing must be maintained on exiting to limit the potential of crossover of training groups.

### Will spectators be allowed at training?

Not at this stage due to gathering numbers.

Parents will be required to drop Junior players under the age of 18 years off and not enter the venue. If a parent/guardian must drop off or collect a under 18 aged player at a venue/court, they may do so but are not permitted to stay. NWA will review this again once WA State Government restrictions have eased further.



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### What facilities would be available for use at training venues?

- In line with the AIS Framework for Community Sport and the current restrictions from the WA State Government, there is currently no access to changeroom facilities, club rooms or gyms permissible. The AIS Framework recommends that change rooms facilities are only used for emergency toilet use.
- Water fountains will not be available for use, players need to bring their own water.
- Canteen facilities will not be open for training.

### Do we have to check people as they come into the facility?

No, but it should be clearly stated in information provide to clubs, teams and participants and at entry points that no one should attend if they have a fever, cough, sore throat, shortness of breath or any respiratory symptoms.

### What measures are in place to assist with participants health and well-being?

Being able to play sport is proven to be beneficial for our physical and mental health. The health and well-being of participants is essential; therefore, the following measures are in place to limit any potential spread of COVID-19:

- **NO PERSON** is to attend training if they are sick, have a fever, feel unwell, or experiencing symptoms such as a cough, sore throat, fever, fatigue or shortness of breath and seek medical attention. The coach should be notified immediately of any of the above.
- Participants should apply a graded return to training and competition to mitigate the risk of injury.
- Consideration must be made for vulnerable participants as they may be at increased risk.
- Alcohol based hand sanitisers must be available for all group/teams training sessions, for use prior, during and following training. All participants are to use sanitiser on arrival at, and before leaving training.
- **All** equipment is to be thoroughly sanitised with anti-bacterial solution/wipes or alcohol-based sanitiser prior to and after training sessions.
- If wearing a mouthguard, it should be disinfected at the end of each training session.
- Drink bottles must be clearly labelled and must not be shared. It is recommended that water bottles are thoroughly washed and disinfected after every training session. Drink carriers are not to be used for drink bottle storage.
- No sharing of towels. Towels must be washed after each training session. Towel must be washed in warm water and detergent.
- Players are responsible for their own strapping if required.
- No sharing of asthma inhalers allowed.
- At no time can players share any food, drinks, snacks, fruit or lollies, as this increases the risks of transmitting viruses.
- High fives, handshakes or other physical contact is not permitted.
- Club rooms, wet areas and change rooms are not to be used except for emergency toilet use.
- Each team must have their own first aid kit which must contains gloves, face mask and a CPR face mask in the event CPR is required.

### Should we download the COVIDSafe App?

It is strongly recommended that all participants install the COVIDSAFE App to ensure that any active cases may be tracked and traced if they should arise.

### What happens if there is a positive test in our group/team?

If there is a positive case within the team environment then all participants, coaches and volunteers who have been in contact will need to self-isolate for 14 days and refer to the State Government health departments processes. This is where the register of participants and the groups they have worked in will come into play. If you are feeling unwell you should seek medical advice immediately by calling your GP. If you feel unwell at all, then please do not attend training.

### How do we manage a return to training of a confirmed COVID-19 case?

- Ensure the participant no longer poses any infection risk to the community.
- Ensure the participant has sufficiently recovered to safely participate in netball.
- In both instances, clearance from their Doctor/local Public Health Authority is required.

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### **Are we liable if there is a positive test in our club/team?**

The circumstances around any case would need to be considered to understand if there was any potential liability to an association, club or team. An association, club or team can limit the risk of being found liable for a positive test case by taking reasonable precautions to prevent the spread of COVID-19 within their environment and the wider community, including but not limited to, strictly following the advice and recommendations of NWA, the WA State Government, and the Australian Government.

### **What happens if cases of COVID-19 begin to increase in the community?**

If there is an increase in COVID-19 in the community, and restrictions are tightened by the State Government it may mean a postponement to netball. NWA will continue to take advice and follow direction from the State Government and Netball Australia in this area.

### **Am I Covered by Insurance?**

If you are a registered member of NWA, you are covered for personal accident through V-Insurance Group. The Scope of Cover Coverage applies whilst members are involved in sanctioned Netball Australia and/or State/Territory and Association activities. These activities include organised club competitions, coaching clinics, official events, playing, training, trialling, official fundraising and social activities and travel to and from these activities. Associations and clubs are covered for Public and Professional Liability and can download their Certificate of Currency via [netball.vinsurance.com.au/19/Certificate-of-Currency](https://netball.vinsurance.com.au/19/Certificate-of-Currency)

Cover under these policies is always subject to their terms, conditions and exclusions. Further information can be found at [netball.vinsurance.com.au/15/What-is-Covered](https://netball.vinsurance.com.au/15/What-is-Covered) or alternatively contact V-Insurance for more clarification.

### **What happens if there is a breach of the State Government restrictions or the requirements of the Return to Training as outlined by NWA?**

We ask that all associations, clubs, teams and players strictly adhere to the guidelines as advised. Fines and imprisonment can apply to clubs, teams and individuals that breach State Government restrictions.

Breach of State Government restrictions include:

- Individuals can be imprisoned for up to 12 months, or fined up to \$50,000,
- Clubs can be fined up to \$250,000 for breaching an enforceable direction as set by the Commissioner of Police.

Breach of the Return to Training protocols may be sanctioned by NWA by measures deemed appropriate.

### **Why may other sports have resumed playing, but we haven't started yet?**

There are many different considerations for each sport, like contact v non-contact, indoor v outdoor sports, numbers in teams, facility access and so on. The return of each sport is determined by the WA State Government.

### **When can we return to competition?**

NWA is working with Netball Australia and following Federal and WA State Government advice to determine when netball may return to competition. This will be in line with when WA moves into Phase 3 of easing of State Government restrictions and aligned to the 'AIS Framework for Rebooting Community Sport'. NWA will advise all associations when a date for return to competition is approved. Although we can return to training, several Government restrictions are required to be lifted before we can return to competition. Therefore, we must adhere to the restrictions in place until this time.



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### **What are the plans for competitions within the Netball WA Competition Framework?**

NWA is finalising a range of dates and fixture models for competitions such as Gold Industry Group WA Netball League, Fuel to Go & Play Association Championships, Regional Championships and NAIDOC Carnival. NWA will advise all associations and clubs once these have been approved.

### **With the revised Competition Framework what is the process for athletes to be identified and invited into trials or NWA Underage Talent Pathway Programs?**

The process for athlete identification and Fever in Time, State Team Trials will be communicated to all member Associations at a later date once we understand what the Competition Framework will look like for the remainder of the year.

### **As State Government restrictions begin to ease and there is a return to training, will the 17U & 19U State Teams recommence training?**

No, the 2020 State Team Program has concluded due to the 2020 Netball Australia Nationals being cancelled and not postponed. Information regarding 2021 State Team trials will be communicated in due course.

### **Where can we access hand sanitiser?**

Most pharmacy, grocery and Bunnings Stores now stock hand sanitiser, ideally purchase the 500mg pump bottle to reduce the amount of contact if possible.

### **What if we can't access hand sanitisers?**

Encourage all participants to bring their own supply of hand sanitiser and ensure you have appropriate hand washing facilities.



*Netball WA recommends the use of the COVIDSAFE App to assist the return of netball.*